

Suresitol

COMPOSITION: Each 5g sachet contains Myo-Inositol 2gm, D-chiroinositol 50 mg, Vitamin D3 1000 IU **DESCRIPTION:** Suresitol contains inositol (myoinositols and D chiroinositol) which improve the way the body uses insulin and promotes normal hormone levels, which in turn promote regular menstrual cycles and normal ovarian function. Vitamin D prevents and treat vitamin D deficiency. Suresitol modulates pathophysiological factors involved in PCOS such as insulin resistance, vitamin D deficiency and oxidative stress. **THERAPEUTIC INDICATIONS:** For treatment of PCOS in women. **DOSAGE AND ADMINISTRATION:** One sachet once or twice daily for 3 -6 months or as directed by physician .**CONTRAINDICATIONS:** Individuals known to be hypersensitive to any of the components of the formulation. **WARNINGS AND PRECAUTIONS:** Pregnancy & Lactation: Not recommended in pregnancy & lactation. **DRUG INTERACTIONS:** Aluminium containing antacids: Vitamin D increases absorption of aluminium. Thiazide diuretics: Can lead to hypercalcemia. Digoxin interacts with vitamin D .Increasing gastric pH as in chronic use of antacids, H₂- blockers, or proton pump inhibitors may reduce the absorption of chromium. **ADVERSE REACTIONS:** All ingredients are well tolerated. Mild side effects such as gastrointestinal upset, including diarrhoea, nausea, heartburn, and anorexia may occur.

(For the use of a registered medical practitioner or hospital or laboratory only)